

*Catherine's Prayers*

# *Prayer Before Meditation*

Come, Holy Spirit, dwell in our hearts and kindle in them the fire of your divine love.

O eternal God, grant to us, we beseech you, the fullness of your divine Spirit and give us openness to the inspirations of your grace. Help us to put aside every thought and concern that may distract us from your holy presence. Through the life and death of Jesus Christ and through the intercession of Mary and all the saints, we sincerely ask that this prayer may glorify you and bring us to salvation.

Amen.