March 7, 2019

**JOURNEY OF ONENESS UPDATE: Health and Wellness**

**Implementation Team begins its work**

Following a “handoff” meeting with Development Team members, the Health and Wellness Implementation Team is now at work on two initial tasks. Some members are reviewing in greater detail practices now in place throughout the Institute in order to discover similarities that might help create a cohesive whole. Other members are shaping a brief vision statement as a succinct way to talk about the team’s task and help organize its work.

Leading the newly constituted Health and Wellness Implementation Team are three designated Community Leadership Team members, Sisters Mary Rose Bumpus, Margaret Mary Hinz and Ruth Kelly. The five other members, each of whom now serves in the area of health and wellness for one of the U.S.-based Communities, are Michelle Bieszczad, Jennifer Giuffrida, Mary E. Johnson, Sister Kathleen Ann Kolb and Jean Sassatelli.

While some of these eight team members are new to the Institute’s planning for the health and wellness function, others have served on the predecessor Design and/or Development Teams. Members also hold professional credentials in a variety of health and wellness areas. Click on this infograph to see their photos and credentials.

Because health and wellness are integral to sisters’ everyday lives, team members agreed at their first meeting that they will to need to confer with the Sisters’ Life and Governance Committee. Additionally, the group explored “wellness” as a broader term that includes the physical, spiritual, social and emotional aspects of life.

Photo: Members of the Institute’s Health and Wellness Implementation Team recently met in Chicago to begin their work.