

PLEASE JOIN US FOR THE WORKSHOP:

Becoming All We Can Be

Location:
Mercy Conference and Retreat Center
2039 North Geyer Road, St. Louis, MO 63131

Dates:
September 18-24, 2016
(arrive 3 pm Sunday;
depart 11 a.m. Saturday)

Presenter:
Sharon Schmitz, RSM

WORKSHOP BACKGROUND:

“Go forth to find your authentic self – to learn who you are meant to be.” (Gn 12:1)

Based on Judeo-Christian Scriptures, Restorative Beliefs/Practices, Sister Sharon Schmitz created ***Becoming All We Can Be*** to provide information requested by incarcerated women. Using narrative, stories, reflection processes and discussion, the course helps women discover and embrace their unique giftedness, grow to love themselves and take control of their lives.

WORKSHOP DESCRIPTION:

This workshop prepares participants to teach the course, ***Becoming All We Can Be***. All who complete the workshop will receive a copy of the Facilitator’s Manual, a Power Point presentation of the course and a Certificate of Participation.

PREFERRED PARTICIPANTS: (limited to 12 women)

Minimum of a bachelor’s degree,
Prior 30 hours working with incarcerated women,
Commitments to personal growth and to work with women with histories of incarceration.

COST:

Single room residential (workshop, meals, snacks)	\$625
Double room residential (workshop, meals, snacks)	\$528
Commuter (workshop, lunch, supper, snacks)	\$230

Course presenter’s biography:

Sister of Mercy with 23 years ministering with incarcerated women.
Principal co-founder of Center for Women in Transition in St. Louis which provides restorative, wrap-around, gender specific re-entry services for women exiting the Criminal Justice System.
Master’s Degrees in Nursing and Theology; Certificates in Holistic Health.

**For additional information, contact Sister Sharon Schmitz at
314-984-8354 or sschmitz@mercysc.org**

**Application for
Becoming All We Can Be (Sept.18-24, 2016)**

Name _____ Date _____
Address _____ City _____ State _____
Email Address: _____
Phone: _____

Please check your choice:

_____	Single room residential (workshop, meals, snacks)	\$625 *
_____	Double room residential (workshop, meals, snacks)	\$528 *
_____	Commuter (workshop, lunch, supper, snacks)	\$294 *

Enclosed is my registration fee of _____

Please enclose a statement indicating why you want to take this workshop. Include info. about the amount and types of experiences you have had with incarcerated women.

Make checks payable to Sharon Schmitz, RSM
Mail to: Sharon Schmitz, RSM - Mercy Conference and Retreat Center
2039 North Geyer Rd. - St. Louis MO 63131

* \$50 Registration Fee (included in total costs), due by June 15, 2016.

Remainder of Fees due by August 15, 2016.

Payment, minus registration fee, refundable if cancellation received by July 15, 2016.

Statements from Incarcerated Women/Interns Who Completed Becoming All We Can Be.

"You motivated me to chase my hopes." (S.J., 2013)

"I feel more confident now. I had been running for so long from stresses. Now I...am strong enough to face them...I have confidence in who I am." (A.B., 2012)

"It was an honor and...a gift to attend your program. It turned my mind 180 degrees and gave me wisdom." (O.K., 2015)

"...a wonderful and transformative experience." (L.C., 2015)

"I think all people need this course...every year." (Y.B., 2015)

"If I had a chance to be bonded out today, I would refuse because this course is so important to me." (S.N., 2016)

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