



*Now is the celebration of Jubilee the
glorious mystery of Mercy unfolding.*

*Bless our hearts and minds
that we may be One.*

*Bless those whom we serve
that they may know One.*

*Bless those who serve us
that we may live the wisdom of One.*

*Lifting our hearts in gratitude
and hope to receive blessings
from Catherine and Frances
and all our sisters of Mercy
who have gone before us
and join us now in
the Journey of Oneness.*

Amen.

— Maureen McCann, RSM



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In celebration of the 25th Anniversary of our Institute, we offer these actions in relation to our Institute critical concerns as acts of love and courage...

☞ **Racism:** Challenge your comfort level by reaching out to someone who looks different with a smile or a random act of kindness.

☞ **Standing with Women:** Donate to a ministry of your choice that helps women.

☞ **Immigration:** Think about those who are in the immigration process and all that they have left behind... what can you do without? Give away something of value to you in order to live with less or donate to a shelter.

☞ **Earth:** Educate yourself as to where your food comes from and who was involved in growing it ... eating organic keeps everyone healthier - the farmer, farm workers, Earth and you. Purchase food from a local farmer's market or CoOp.

☞ **Nonviolence:** Think about how you are violent. Intentionally practice being non-violent towards yourself and others (eg, do not criticize yourself or others, do not talk about others, speak your truth in love, give someone a compliment, etc.)

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