

# Awakening to a New Consciousness

*Listening to the Cry of Earth  
and the Cry of the Poor*

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**Mercy's Theological Reflection Process**



**Session Three | Participant's Guide**

**November 2021**

# PREPARATION FOR THIS SESSION

Using the Call to a New Consciousness: Cry of the Earth and the Cry of the Poor webpage, you need to complete the following steps before the group meeting:

- [read] Overview: Judging—Deep Reflection ([click here](#))
  - This material covers the lenses that will be used. Each participant is asked to read through the overview, which includes a brief description of each lens. All participants will use the Mercy Lens, and then choose one additional lens that draws their interest (an ecofeminist theological lens, an ecological theology of liberation lens, or the integral ecological lens of Pope Francis' encyclical "Laudato Si").
- [read] Mercy Lens: A View toward Harmony and Right Relationship in Our Suffering World ([click here](#))
- [read] Select One of the Following Lenses: An Ecofeminism Lens ([click here](#)), An Ecoliberation Lens ([click here](#)), or Laudato Si' Lens ([click here](#)). Spend time with the reflection questions at the end of the chosen lens.
- [reflect] Use the following questions for additional reflection. You are encouraged to write your reflections, insights and emerging questions in your journal.
  - Which voices are prioritized in the Mercy lens and in the additional lens that you chose?
  - Whose voices are missing and why might that be?
  - What sustains an extractivist model of development?
  - In what ways does the lens you used challenge complicity in extractive industries?
  - How do we see ourselves contributing to and shaping a viable future for the whole Earth community?

## SESSION THREE: PARTICIPANT'S GUIDE

*Deep reflection is letting go of preconceived ideas and norms so we can become open to others' ways of interpreting reality, which compels us to deepen our understanding of the root causes and real effects of extractivism.*

*As we enter into deep reflection together, we will gather together as a large group and then you will enter into a small group for:*

- **Check-in: in one sentence, what has remained with you from the last session?**
- **Reflection and sharing on the Mercy lens and one theological lens**
- **Sharing on what our reflections are leading us to consider as a Mercy response to extractivism**

*Please send any insights from this session that are too good to keep to yourself to*

*[extractivism@sistersofmercy.org](mailto:extractivism@sistersofmercy.org). We welcome poems, artwork or other forms of creative expression as well as written reflections.*

Please bring your journal to each session, so you can record your feelings, thoughts and learnings.

If you are a poet or artist, we encourage you to creatively respond to the questions or conversation.

## PREPARATION FOR THE NEXT SESSION

Visit the additional materials section of the website to further engage the reality of extractivism before the next session.